

AGENDA

**DAY 1: JANUARY 8, 2020**

**TIME TOPIC**

**8:15am Check-In Begins**

Coffee and Tea

**9:00am – 10:00am Welcome and Introductions**

Participants will introduce themselves and provide a summary of their interests in faith-based health promotion and plans to implement Faithful Families in their state or community.

**10:00am – 11:00am** **Understanding the Importance of Faith-based Health Promotion**

Participants will:

* Understand the role faith communities can play in health promotion efforts.
* Explain the theories used to develop the Faithful Families program.

**11:00am – 11:15am Move More Break**

**11:15am – Noon Curriculum Demo**

Participants will participate in a mock Faithful Families lessons, led by a Faithful Families health educator.

**Noon – 1:15pm Networking Lunch**

**1:15pm – 2:15pm Curriculum Overview**

Participants will understand the Faithful Families curriculum, including instructional tools and materials.

**2:15pm – 4:00pm** **Curriculum Practice, Teach Back, and Debrief**

Participants will:

* Work in small groups to practice delivering the Faithful Families curriculum and will receive feedback from training instructors.
* Discuss their experiences of leading Faithful Families lesson and begin to develop a plan for implementing the program in their community setting.

***Break from 3pm – 3:15pm***

**4:00pm – 5:00pm** **Faithful Families Portal Overview**

Participants will discover how they can use the Faithful Families Portal to manage and track Faithful Families programming.

**DAY 2: JANUARY 9, 2020**

**TIME TOPIC**

**8:30am Coffee and Tea**

**9:00am – 10:00am Opening Message**

**10:00am – 10:30am Policy, Systems, and Environmental (PSE) Supports**

Participants will:

* Understand the importance of PSE changes to the Faithful Families Program.
* Explore PSE changes that can be implemented in communities of faith.

**10:30am – 10:45am Move More Break**

**10:45am – Noon Panel Discussion: PSE Changes in Action**

Participants will:

* Understand challenges and barriers to implementation of PSE changes.
* Explore resources to overcome challenges and barriers.

**Noon – 1:00pm Networking Lunch**

**1:00am – 1:45pm Evaluation**

Participants will understand and brainstorm practical ways to implement the Faithful Families evaluation tools.

**1:45am – 3:30pm Action Planning and Feedback**

Participants will:

* Develop an action plan to implement Faithful Families in their setting.
* Receive feedback on their action plan from training faculty.
* Develop an action plan to create a training for Faithful Families in their community (if needed).

***Break from 2:30-2:45pm***

**3:30pm – 4:00pm Final Thoughts**